

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Howard County**

	County Prevalence (%)*	Central Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	15.6	18.6	16.9
No Health Coverage	12.2	13.0	12.3
B ehavioral Risk Factors			
Physical Inactivity	25.2	23.7	23.0
Current Smoker	24.1	27.9	26.5
Overweight (BMI 25-29.9)	41.5	36.6	35.3
Obese (BMI ≥ 30)	25.9	23.6	23.4
D isease and Conditions			
High Blood Pressure	25.3	27.7	28.5
High Cholesterol (35 years or older)	37.8	35.8	37.3
Asthma	16.6	10.9	10.7
Diabetes	5.1	7.4	7.2
Activity Limitation	17.5	19.4	17.8
C ancer Screening			
Women			
Never had a Mammogram	7.1	12.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	33.5	46.3	49.4
50-64 years of age	32.7	31.2	35.9
65 and older	53.7	54.3	47.4
Never had a Pap Test:			
18-69 years of age	5.1	3.0	5.1
70 and older	0.0 L#	8.8	6.4
No Pap Test in Last Year (18-29)	15.0	20.2	25.8
No Pap Test in Last 3 Years (30-69)	9.8	12.5	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	58.2	59.9	57.0
No Blood Stool Test in Last Year	81.2	82.4	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	53.1	50.3	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	62.5	60.4	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Howard county were obtained by combining data from Howard and Cooper counties.

The number of respondents in this category is 0